

## CASE STUDY GUIDELINES

Please read carefully through the following guidelines before putting together any case studies for the BFVEA assessment purposes.

**CLIENT CONFIDENTIALITY:** please do not reveal your client's name, or their identity in your description of them. If necessary, please alter enough detail in your description to protect their identity, without greatly changing their story or the issues they are presenting with. Please put your name on the top of the front page of each case study and send in with your application form, clearly stating case study as 1,2,3 or A, B, C etc. Staple together, at one corner, all the pages of each case study, and send to address on application form. This ensures that we always know whose application we are looking at, and that hopefully none of your pages will get lost!

- 1) DATE
- 2) AGE & SEX OF CLIENT
- 3) A DETAILED DESCRIPTION OF YOUR CLIENT AND THE ISSUES THEY HAVE DISCUSSED WITH YOU: we have never met this person – please paint a picture in words about them and about what they say they are currently challenged with.
- 4) INFORMATION GAINED BY OTHER MEANS: from felt sense, observation, kinesiology, astrology, reflexology, client's choice of essence cards, dowsing etc....

The more you explain your way of working and the information you were putting together in the course of deciding what essences to use, the easier it is for us to assess you as a practitioner.

- 5) ESSENCES CHOSEN - please tell us what essences were chosen for this client, as a result of this session:

\*please give a description of the qualities of each essence, and how each essence related to specific aspects of what you felt your client was addressing.

\*please tell us how you chose these essences – i.e. counselling and knowledge of essences related to client issues, muscle testing with client, practitioner finger testing, intuition, dowsing, kinesiology, astrology, choice of essence cards or hand sensing of essences by client, type remedies, reflexology etc..

- 6) COMBINING THERAPIES: If you worked with this client using another therapy apart from flower essences during the sessions and treatment period described, please describe what you did and why, and how this integrated with the essence therapy – Please describe your methods and decision-making processes in layman's terms.
- 7) CLIENT FEEDBACK: Please include any feedback your client gave to you, including any observations that you or they made of any changes, intensification of issues, crises, emotional release, change in attitude, body language, energy, positivity, any insights gained, inspiration, any new issues arising to be addressed etc.
- 8) NOTES FOR FURTHER TREATMENTS: please tell us of any notes or observations you made regarding any possible future treatments – again, please use layman's terms.
- 9) FURTHER CASE STUDIES WITH SAME CLIENT: For each treatment you are describing for each client, please give us the same detailed information, as outlined above under each heading.

**ANY OTHER INFORMATION YOU FEEL WOULD BE HELPFUL:** Please include any other information that you feel might help us to understand your particular way of working with essences and with clients.

THANK YOU