

This list of topics is covered on a BFVEA accredited course and contains the minimum standard of training for Practitioner Membership.

If you are applying for Practitioner Membership now, you may wish to work toward Advanced Practitioner Membership at a future date. In this case it is advisable to keep a copy of this list, marking off those items which require further training/education to achieve this.

1. History of flower essences and their development.
2. Varied opinions and definitions of flower and vibrational essences.
3. Development of subtle energy awareness in:
 - a. Universal and human energy fields
 - b. Chakras
 - c. Auras
 - d. Muscle Testing
 - e. Dowsing
 - f. Use of Intuition
 - g. Personal energy management
 - h. Choosing essences for personal exploration
4. Historical and cultural use of plants in healing (e.g. Modern, traditional & pharmaceutical).
5. Botany, plant consciousness and the Doctrine of Signatures.
6. Understanding and overview of different types of essences from around the world.
7. Knowledge of and ability to select essences for clients from at least 4 different producers.
8. Preparation of Flower and Vibrational Essence
 - a. Traditional Sun and boiling methods
 - b. Modern approaches to essence making
9. Dilutions of Essences (mother to stock, stock to dosage etc.) – various approaches, pros and cons, current opinions.
10. Storage and amplification of flower and vibrational essences.
11. Awareness of current regulations relating to flower essences, and in particular, to promoting one's work as a practitioner and flower essence therapy, via public talks, articles, leaflets, websites etc. Students should also be made aware of the BAFEP (www.bafep.com) guidelines relating to the production, labelling and sale of flower essences.
12. Discerning the qualities of essences (what they do).
13. Use of essences in environmental and horticultural situations, and when working with animals.
14. Business and practice management, health and safety standards. Working within the BFVEA Code of Conduct and Constitution.
15. Flower Essence Therapy – presentation and storage of case studies; understanding of and ability to use MYMOP.
16. Listening Skills – (counselling) to a minimum of 8 hours study.
17. An Anatomy and Physiology certificate.